

Maximiliane Uhlich, Ph.D.

Work History

- 12.2021 – Present **Postdoctoral Researcher, Department of Psychology, Western University**
Lab member of Prof. Dr. S. Joel & Prof. Dr. J. Sakaluk
- 10.2016 – 07.2020 **University of Fribourg, Department of Psychology, Institute for Family Research and Counseling**
PhD in Psychology in the group of Prof. Dr. D. Schoebi
“Relationship processes in understudied samples: Implications for relationship functioning and sexuality in romantic relationships”. (Insigni cum laude)
- 09.2019 – 11.2019 **Research Stay at the Kinsey Institute (Indiana University)**
Research Projects: Sexual perpetration (Prof. Dr. Z. Peterson); Trauma, autonomic nervous system function, sex & relationship quality (Prof. Dr. S. Porges, Prof. Dr. J. Garcia)
- 08.2018 – 02.2020 **Self-Employed Couple Counseling**
Couple therapy according to Emotionally Focused Couple Therapy
- 02.2016 – 08.2019 **Couples Weekend Workshops**
Educational prevention programs „[paarlif](#)“ and „[Hold-Me-Tight-Workshops](#)“ for distressed relationships
- 02.2015 – 07.2016 **University of Zurich, Department of Cognitive Psychology**
Research Assistant, Prof. Dr. K. Oberauer

Publications

Toller Erausquin, J., Tan, R., **Uhlich, M.**, Francis, J., Kumar, M., Campbell, L., Zhang, W., Hlatshwako, T., Kosana, P., Shah, S., Brenner, E., Remmerie, L., Mussa, A., Klapilova, K., Mark, K., Perotta, G., Gabster, A., Wouters, E., Burns, S., Hendriks, J., Hensel, D., Shamu, S., Strizzi, J., Esho, T., Morroni, C., Eleuteri, S., Sahril, N., Low, W., Plasilova, L., Lazdane, G., Marks, M., Olumide, A., Abdelhamed, A., López Gómez, A., Michielsen, K., Moreau, C., Tucker, J. (2022). The International Sexual Health And Reproductive Health Survey (I-SHARE-1): A Multi-Country Analysis of Adults from 30 Countries Prior to and During the Initial COVID-19 Wave. *Clinical Infectious Diseases*.
<https://doi.org/10.1093/cid/ciac102>

Uhlich, M., Luginbuehl, T., & Schoebi, D. (2021). Cultural diversity within couples: Risk or chance? A meta-analytic review of relationship satisfaction. *Personal Relationships*.
<https://doi.org/10.1111/per.12405>

Sharabi, L., **Uhlich, M.**, Alexopoulos, C., & Timmermans, E. (2021). Infidelity websites and the likelihood of meeting offline: Exploring the mediating role of mate poaching intentions. *Cyberpsychology, Behavior, and Social Networking*. <https://doi.org/10.1089/cyber.2020.0563>

Uhlich, M., Nouri, N., Jensen, R., Meuwly, N., & Schoebi, D. (2021). Associations of Conflict Frequency and Sexual Satisfaction with Weekly Relationship Satisfaction in Iranian Couples. *Journal of Family Psychology*. <https://doi.org/10.1037/fam0000878>

Uhlich, M. & Bojar, D. (2021). DeepConnection: Classifying relationship state from images of romantic couples. *Journal of Computational Social Science*. <https://doi.org/10.1007/s42001-021-00102-2>

Alexopoulos, C., Timmermans, E., Sharabi, L., Roache, D., Croft, A., Dorrance Hall, E., James-Hawkins, L., Lamarche, V., & **Uhlich, M.** (2021). Settling down without settling: Perceived changes in

partner preferences in response to COVID-19. *Journal of Social and Personal Relationships*.
<https://doi.org/10.1177/02654075211011527>

Kumar, N., Janmohamed, K., Nyhan, K., Forastiere, L., Zhang, W., Kägesten, A., **Uhlich, M.**, Sarpong Frimpong, A., Van de Velde, S., Francis, J., Toller Erausquin, J., Larsson, E., Callander, D., Scott, J., Minichiello, V., Tucker, J. (2021). Sexual health (excluding reproductive health, intimate partner violence and gender-based violence) and COVID-19: a scoping review. *Sexually Transmitted Infections*. <http://dx.doi.org/10.1136/sextrans-2020-054896>

Kumar, N., Janmohamed, K., Nyhan, K., Forastiere, L., Zhang, W., Kägesten, A., **Uhlich, M.**, Van de Velde, S., Francis, J., Toller Erausquin, J., Larsson, E., Callander, D., Scott, J., Minichiello, V., Tucker, J. (2021). Sexual health and COVID-19: Protocol for a scoping review. *Systematic Reviews* 10(31). <https://doi.org/10.21203/rs.3.rs-59514/v3>

Book chapter: Bodenmann, G. & **Uhlich, M.** (2016). [Depression und Partnerschaft](#). In: Hax Schoppenhorst, T. & Jünger, S. (Hrsg.), *Depressions-Buch für Pflege- und Gesundheitsberufe: Depressionen gekonnt behandeln und pflegen*. Bern, Switzerland.

Lamarche, V.M., **Uhlich, M.**, James-Hawkins, L., & Alexopoulos, C., Croft, A., Dorrance Hall, E., Roache, D., Sharabi, L., & Timmermans, E. (under review). Temporarily devoted to you: The impact of lockdown measures on non-voluntary dependence, felt constraint and intentions to leave the partner during COVID-19.

Campbell, L.*, Tan, R.*, **Uhlich, M.***, Francis, J.*, Mark, K.*, Miall, N.*, Eleuteri, S., Gabster, A., Shamu, S., Plášilová, L., Kemigisha, E., Olumide, A., Kosana, P., Cleeve, A., Hurtado-Murillo, F., Larsson, E., Calvo González, S., Perrotta, G., Fernández Albamonte, V., Blanco, L., Schröder, J., Adebayo, A., Hendriks, J., Saltis, H., Marks, M., Wu, D., Esho, T., Briken, P., Hlatshwako, T., Ryan, R., Farid, N., Gomez Bravo, R., Van de Velde, S., Tucker, J. (under review). Intimate partner violence prior to and during COVID-19 measures in 30 countries: A global cross-sectional study from the I-SHARE consortium. *Co-first authorship <http://dx.doi.org/10.1136/sextrans-2021-sti.156>

Dorrance Hall, E., Sharabi, L., Roaché, D., James-Hawkins, L., Croft, A., Alexopoulos, C., Lamarche, V., **Uhlich, M.**, & Timmermans, E. (under review). Needing Space During Lockdown: A Longitudinal Test of Relational Turbulence Theory in the Context of Conversations About Physical and Emotional Space During the COVID-19 Pandemic.

Uhlich, M., Gillath, O., Schachner, D., & Shaver, P. (under review). Attachment Security Priming affecting Sexual Strategies Endorsement among College Students.

Uhlich, M., Gesselman, A., Kolacz, J., Lewis, G., Garcia, J., & Porges, S. (in prep). Autonomic reactivity mediates the link between childhood trauma and attachment styles in adulthood.

Uhlich, M., Peterson, Z. D., Li, Y., Brown, A., Han, J., & McBride, J. A. D. (in prep). Various components of sexual narcissism predict different types of sexual coercion strategies in male and female perpetrators.

Lamarche, V., Croft, A., Dorrance Hall, E., James-Hawkins, L., Alexopoulos, C., Roaché, D. J., Sharabi, L. L., Timmermans, E., & **Uhlich, M.** (in prep). Let's Talk This Out: Discussing Changes to the Domestic Division of Labor during COVID-19 Lockdown Predicts Relationship Quality.

Alexopoulos, C., Sharabi, L., **Uhlich, M.**, & Timmermans, E. (in prep). The ups and downs of stepping out: Infidelity-induced self-concept change.

Conference Talks

Uhlich, M., Luginbuehl, T., & Schoebi, D. (May 2022). *Cultural diversity within couples: Risk or Chance for relationship satisfaction? A meta-analysis*. Paper presented at the joint symposium of the European Association of Social Psychology & IARR.

Uhlich, M., Nouri, N., & Schoebi, D. (July 2019). *Sex as a predictor of closeness: A longitudinal study with Iranian couples*. Paper presented at annual meeting of the International Association for Relationship Research. Brighton, UK.

Uhlich, M., Nouri, N., Jensen, R., Meuwly, N., & Schoebi, D. (February 2019). *Make love not war: Sexual satisfaction as a mediator in times of conflict in Iranian couples*. Paper presented at annual the Sexuality Pre-conference of the Society for Personality and Social Psychology, Portland, OR.

Ongoing Research Projects

I-SHARE ([International Sexual Health And REproductive Health](#)) - Global consortium

Awards & Funding

Women in Data Science Conference (WiDS) 2021: Conference Funding from Novartis (\$5500), eZurich Network (\$5500)

IARR Student Travel Award 2018: Travel Award for IARR Main Conference (\$160)

SSSS Ambassador: Ambassador program for annual SSSS conference 2019 (\$160)

Teaching

09.2016 – 12.2016 **University of Berne, Department of Personality & Assessment**
Teaching Assistant: WISC lecture, Prof. Dr. C. Morf

09.2018 – 09.2019 **Supervising Master's thesis**

Education

09.2014 – 07.2016 **University of Zurich**
Master of Science in Psychology (insigni cum laude)
"A cross-sectional and longitudinal study about discrepancy in forgiveness perceptions and the influence on relationship satisfaction" (Supervisor: Prof. Dr. Allemand)

09.2011 – 06.2014 **University of Fribourg**
Bachelor of Science in Psychology (magna cum laude)
"Attachment style and relationship satisfaction: The influence of attachment style on relationship satisfaction" (Supervisor: Prof. Dr. D. Schoebi)

Further Education

01.2018 – 02.2020 **[Emotionally Focused Couple Therapy](#)**
ICEEFT, Prof. Dr. Johnson (Externship & [Core skills](#))

11.2017 – 10.2018 **Workshops Systemic Sex Therapy**
IGST Heidelberg, Prof. Dr. U. Clement

06.2018 – 07.2018 **Foundation Training in Nonviolent Communication**
CNVC, Prof. Dr. D. Rosenberg

11.2014 – 03.2016 **The Couples Coping Enhancement Training (CCET)**
University of Zurich, Prof. Dr. G. Bodenmann

Data Analysis Skills

Quantitative: Structural Equation Modeling (SEM) & Multilevel Modeling (MLM)

Qualitative: Content Analysis & Repertory Grid Analysis

Analysis of Biological Data: Data cleaning of ECG-Data

Community Service

- 06.2019 – 07.2021 Member of Organizing Committee of "[Women in Data Science Conference](#)"
- 12.2018 – today Reviewer for *Personal Relationships*, *PLOS ONE*, *JSPR*
- 09.2018 – 08.2021 [500 Women Scientists](#) Member of Coordination Team at ETH Zurich
- 06.2018 – 07.2020 Member of "IARR Membership Committee"

Personal

- 09.2020 – 11.2021 Maternity leave